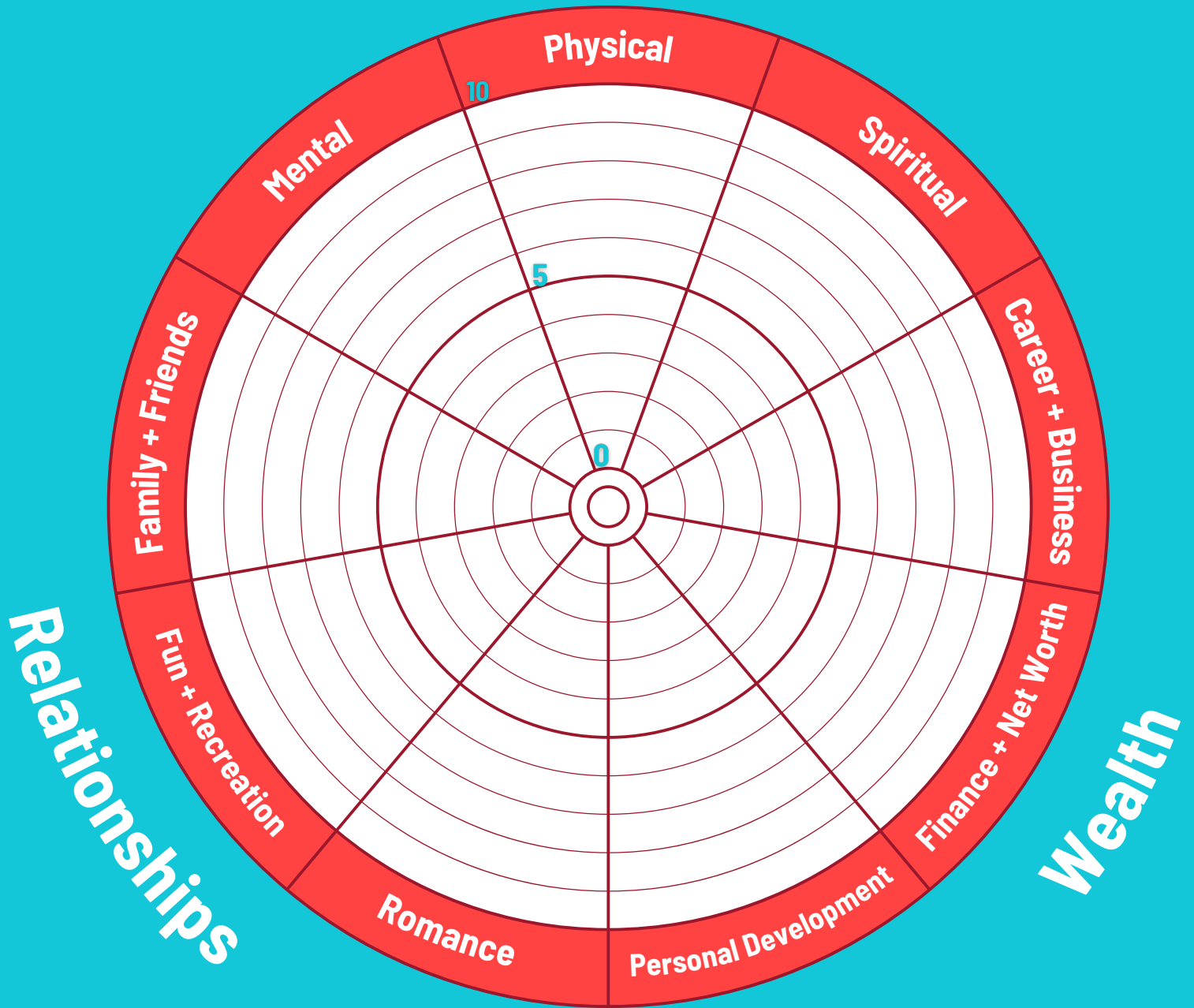


My Wheel of Life

Health



Relationships

Wealth

My Annual Review

1. What are my top 3 achievements in each of the areas: Health, Wealth & Relationships.
2. In what ways have I changed as a person?
3. What are my 5 favourite memories?
4. What 3 habits helped me the most?
5. What were the top 3 books I read and why?
6. What were the 3 things that drained my energy the most?
7. What did it take to be the best version of myself?
8. What did I change my mind on this year?
9. What things created energy for me?
10. What things drained my energy?
11. What did I not do because I was afraid?
12. Who did I spend the most time with?
13. Who do I wish I spent more time with?
14. What were my biggest hits and worst misses?
15. What are the 5 things I am most grateful of?
16. What did I learn about myself this year?